

The Veterans Voice

FALL 2005



Commemorative Celebration of the 60th Anniversary of Victory in Japan

On Sunday August 14, 2005, the Residents and Staff of the New Hampshire Veterans Home commemorated the 60th Anniversary of the end of World War II in Japan through a combination of music and memorabilia. The anniversary event for Victory in Japan emphasized the need to remember those who had paid the ultimate price for the victory during World War II. The program began with Harry S. Truman's radio broadcast of August 14, 1945 being played for the audience, many of whom recalled exactly where they were when they heard the original broadcast.

Both Residents and Staff had been looking forward to the return of the Daddio's Swing Orchestra since their inaugural visit to NHVH during the Victory in Europe Day commemorative celebration back in May 2005. As Daddio's played, residents, staff, volunteers and family joined in singing and dancing to the sounds of the 1940s.

As the musical entertainment continued along with celebratory servings of sparkling cider and refreshments, members of the New Hampshire World War II Living History Association shared various memorabilia items with residents and visitors. During a preview showing of the various items that would be on display, recreation staff member Linda Tucci found the perfect outfit for the occasion. With enthusiastic



The New Hampshire Veterans Home took a step back into history as it commemorated the 60th Anniversary of the end of World War II. Pictured from left are (front row) Linda Tucci, William Cundy and Randy Price and (back row) Bryan Carney and Sebastian Vanintel.

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encouragement from fellow staff and the permission of Paul Levasseur, President of the NH WWII Living History Association, Linda immersed herself in the spirit of the commemorative celebration. Several World War II Residents appeared to be traveling back in time as they took to the dance floor with Linda dressed in full uniform. One Resident remarked at how Linda looked just like his "sweetheart from World War II".

Special thanks to the Skrugloo Farm, Inc. Foundation for their financial support in making our 60th Anniversary Events a success! Thank you to Doris Nisbet of the NHVH recreation department for creative design and preparation of the event!



Linda Tucci had an understandably full dance card during the 60th Anniversary Commemorative Celebration of Victory in Japan. She and NHVH Resident Ernest Desmarais enjoyed several dances together.

We would also like to acknowledge the Members of the New Hampshire World War II Living History Association for truly bringing our event to life! We would like to thank Randy Cook, Bryan Carney, Scott Estey, Doug Fritz, Rob Thompson, Paul Levasseur, Mark Leno and Sebastian Vanintel for sharing both their time and enthusiasm with us. We are looking forward to partnering with the association in the future. For additional information and more pictures of this and other events, visit the association's website at www.nhww2.org. Special events such as these celebrations are some of the many ways that the NHVH Benefit Fund supports the quality of life programming for our Residents. We appreciate your continued support and look forward to welcoming you to future events.



The New Hampshire World War II Living History Association took us back in time and reminded us of just how young our veterans were when they served.



NHVH Volunteers Arthur and Nan Brown of Belmont joined in the V-J Day celebration under the pavilion.

A Preview of Upcoming Events

There are numerous opportunities for you to become involved as we honor our veterans, celebrate the holidays, and participate in recreational activities. The following dates are subject to change, so please call ahead if you plan to attend one of the following events or if you or your organization would like to become involved in sponsoring an event or outing. Family members are encouraged to check their monthly events calendars for a more complete listing of activities.

December is always a wonderfully busy month at NHVH as we prepare the home for the season and begin welcoming holiday visitors for gatherings such as the **Elks Holiday Party on December 10th** and the **Veterans Joint Holiday Party on December 11th**. Members of the **39th Army Band** will be joining us for their annual holiday concert on **December 14th at 7:00 p.m.**

The Resident/Staff Sing-A-Long is a can't miss event! Join us as we sing a variety of holiday favorites on December 20, 2005. Santa will be visiting with our Residents on the Life Enhancement Dementia Unit on December 21, 2005 and will return to visit with our Residents on the Tarr Units on December 22, 2005.

Events for the first quarter of 2006 are still being finalized. Look for the NHVH Monthly Calendar of Events online at our website www.nh.gov/veterans beginning December 2005.

The Veterans Voice wants to hear your voice!

The Veterans Voice wants to hear your voice! We welcome suggestions on future content from Residents, family, friends and supporters.

Should you have a suggestion for a story or if you would like to submit a photo for publication, we would be happy to consider your ideas for an upcoming issue. Please forward your suggestions directly either by mail to Attn: Veterans Voice Editor, New Hampshire Veterans Home, 139 Winter Street, Tilton, NH 03276 or by e-mail to lisa-marie.mulkern@nhvh.nh.gov.

We are especially glad to receive photos depicting our Residents involved in activities at the Home or taking part in a supporter-sponsored outing. If you are submitting a photo for publication, please include the date as well as a caption that identifies people from left to right.

We are also interested in hearing from family members who would like to feature their loved ones in a "Then and Now" column in future editions of the Veterans Voice. If your loved one is a Resident at NHVH and you would like to share photos and stories of his or her past, please contact us Lisa-Marie Mulkern at (603) 527-4400. We would love to speak with you, and we can scan original photos while you wait!

Employee Update

Welcome to our New Employees who have joined us during the period from July 1, 2005 through September 30, 2005.

Employee Name	Position	Date of Hire
Tracy Mertz	Nursing Assistant III	7/08/05
Lisa Nile	Nursing Assistant II	7/08/05
Kerry Hook	LPN	7/08/05
Kelli Rodrigues	Nursing Assistant I	7/08/05
Ellen Beadle	Nursing Assistant II	7/11/05
Frank White	Food Service Worker II	7/22/05
Christine Willoughby	Nursing Assistant Trainee	7/22/05
Judith Brown	Recreational Therapy Assistant I	7/22/05
Thomas St. Jacques	Food Service Worker II	7/22/05
Alfred Archambault	Nursing Assistant Trainee	7/22/05
Melanie Franks	Nursing Assistant II	7/29/05
Joyce Costello	Nursing Assistant II	7/29/05
Dawn Cloutier	Nursing Assistant II	7/29/05
Stacey Maloney	Nursing Assistant II	8/05/05
Mark Hillard	Building Service Worker III	8/05/05
Brenda Chamberlain	Health Facility Cleaner II	8/05/05
Nancy Jordan	RN II	8/05/05
Matthew Mutney	Food Service Worker II	8/05/05
Emma Dark	Nursing Assistant Trainee	8/05/05
Lauren Chandler	Nursing Assistant Trainee	8/19/05
Michael Ball	Nursing Assistant Trainee	8/19/05
Garry Naughton	Director of Operations	9/02/05
Francis Butler	LPN	9/16/05
Adam Violette	Nursing Assistant Trainee	9/16/05
Layna Matthews	Nursing Assistant II	9/16/05
Rebecca Berwick	Nursing Assistant II	9/16/05
Audrey Jalbert	Nursing Assistant II	9/16/05
Karen Smith	Nursing Assistant II	9/23/05
Janet Powell	Facility Service Secretary II	9/30/05
Suzanne Boutin	Nursing Assistant II	9/30/05
Christine Coneen	Nursing Assistant II	9/30/05
Rebecca Sliva	Nursing Assistant II	9/30/05
Debbie Dougal	LPN	9/30/05

Second Annual Safety and Infection Control Awareness Day

The Second Annual Safety and Infection Control Awareness Day was a huge success! The 24-hour program featured a variety of information and activities aimed at educating staff members about the importance of staying safe and healthy both at work and at home. In addition to several information booths, staff members from all three shifts participated in a variety of hands on learning opportunities and contests.

The opportunities ranged from demonstrations in the proper use of a fire extinguisher to relaxation techniques. Employees were also able to have their blood pressure checked, test their upper body strength through a grip test and compete with one another to see who could identify all of the infection control and safety violations present in the room of hypothetical Resident Annie Mae Hazzard.

After making the rounds through a variety of displays, watching safety videos and putting out fires, staff were encouraged to wind things down by visiting the relaxation room where social worker Liz Stedman was ready to assist with a variety of soothing scents, sounds and lighting.



Sandy Valtz, Infection Control and Quality Assurance Coordinator, and Donna Lamprey, Housekeeping Supervisor, partnered once again for a successful Safety and Infection Control Awareness Program.



Social Worker Nancy Waugh participates in the hands on fire extinguisher demonstration that was provided with assistance from the Tilton-Northfield Fire Department.

Special thanks to both Sandy Valtz and Donna Lamprey for coordinating the event. We are already looking forward to next year's activities! If you would like to be a part of the New Hampshire Veterans Home's Third Annual Safety and Infection Control Awareness Day, please contact Sandy Valtz at (603) 527-4400 or via e-mail to sandra.valtz@nhvh.nh.gov.

The Warmth of Music

Here I sit wondering what to write.

Waiting for an idea, some kind of light
In the distance I could hear the music of many years ago,
Playing the old songs we all used to know.

We danced to those songs hour after hour,
And to us they never grew old or sour.
When overseas, wherever we chanced to be,
Our radios gave us warmth and quiet glee.

Even the thunder of ant-aircraft fire
Failed to deter us from our hungry desire.
The desire of our ears to not miss that rhythm and beat.
As chilled as we were, it warmed our cold, cold feet.

Hearing it now, softly, from the distant source,
Continues its effect on me with a recalling force
Those years have passed as also the music of those times,
But to us of your remains the lilt of those lovely rhymes

Music touches the soul, whether in a fox hole or cot,
Bringing comfort to those who were frightened a lot.
Far from home and loved ones, lonely and all alone,
In a foreign land causing us actions we hoped to atone.

As I write of that time in our lives, memory lives the sounds.
The long ago rumbling of the roar of war that pounds.
But through the thunder of that cacophony of loud noise,
The sweet lilt of that endearing music gave us poise.

Old and feeble as we may be, our memory is still young.
Clear, as if it were yesterday, it tickles our tongue.
To quote an old soldier, "Old soldiers never die, they just fade away."
Fade away we will but the music in our ears will stay.



Charles Safford WWII
service photo.

Written by: Charles R. Safford, WWII Veteran and President of the New Hampshire Veterans Home Resident Council

Welcome to Our Home

The Board of Managers, Commandant Barry E. Conway, Resident Council Officers and fellow residents and staff members extend a warm welcome our new Residents who joined us at the New Hampshire Veterans Home as of the dates indicated.

Robert Paden	7/13/05	James MacQuarrie	8/22/05
Richard Barbin	7/18/05	Arthur Trombley	9/01/05
Chesley Goodwin	7/20/05	Richard Miller	9/06/05
Francis McCarthy	8/01/05	Roger Vaillancourt	9/07/05
James Tate	8/02/05	Edwin Klein	9/14/05
Richard Mumblo	8/16/05	Joan Ryder	9/28/05
William Janosz	8/18/05		

Residents are encouraged to attend the monthly Resident Council Meetings that are held on the Third Thursday of each month in the Tarr Dining Room at 2:00 p.m.

If you have a question or would like to add an item to a Resident Council meeting agenda, you may contact one of the following officers:

Charles Safford, President
Forrest Foley, Vice President
Merrill Franklin, Chaplain
Sam MacKenzie, Secretary
Larry Draper, Sergeant-at-Arms

New Hampshire Veterans Home—Board of Managers

Donald R. Caron, (Veterans of Foreign Wars)
Wanda Furbish, (Disabled American Veterans Auxiliary)
Richard L. Murphy, (Marine Corps League - Commandant)
Junious Owens, (Disabled American Veterans)
Anthony J. Romano, Jr., (Marine Corps League)
Charles Smith, (American Legion - Department Commander)
Robert Wayss, (Disabled American Veterans - Department Commander)
Robert Wyman, (American Legion)
Rick Young, (Veterans of Foreign Wars - Department Commander)

Thank you for your dedicated support!

“Main Street” and Maintenance Projects Moving Along

The long-awaited expansion and renovation of the New Hampshire Veterans Home Recreation Room as well as the construction of a new maintenance building have both broken ground. The creation of a “Main Street” style recreation room and community space will provide our Residents with access to all of the services that a traditional Main Street offers. The New Hampshire Veterans Home “Main Street” will include a new “theater”, “diner” and “barber/beauty shop” as well as extensive renovations to the existing “church”, “library”, “gym”, “store” and much more.



The expansion and renovation of the NHVH recreation room into a “Main Street” area continues to take shape.

The plans to convert the recreation room into a “Main Street” and to construct a new maintenance building are part of a larger life/safety improvement project that is funded by a grant from the State Home Construction Program of the U.S. Department of Veterans Affairs. In addition to “Main Street”, the grant has enabled NHVH to upgrade its existing sprinkler system, improve dietary facilities and construct a new maintenance building. The total project cost is \$2,570,000, of which the U.S. Department of Veterans Affairs will contribute \$1,670,000, and the State of New Hampshire will contribute the remaining \$900,000.

We envision numerous opportunities for design items that will enable our Residents to reminisce about the Main Streets of their own hometowns from throughout the Granite State. If you would like to make a monetary contribution towards our efforts, please make checks payable to NHVH Benefit Fund and reference “Main Street Project” in your correspondence or you may use the enclosed envelope provided.



The new maintenance building in progress.

You can also support our efforts by making a donation online at www.nh.gov/veterans. Consider making a donation in honor of or in memory of a loved one. A Main Street Directory is being developed to honor all of the project’s supporters!

Project Salute is Complete

The New Hampshire Veterans Home is pleased to announce the completion of Project Salute - an online donation system for the NHVH Benefit Fund. Contributions to the NHVH Benefit Fund support quality of life initiatives for the men and women of the Granite State who bravely defended our freedoms. Such quality of life initiatives include a variety of activities, entertainment, outings and equipment. Donations are tax-deductible to the extent allowed by law. Contributions to the NHVH Benefit Fund recently enabled a group of Residents to make their first trip to Fenway Park to see the Red Sox play the Detroit Tigers on New Hampshire Day at the ballpark. Upon returning from Fenway, Residents overwhelmingly voted it the best trip ever!

"The online donation system allows our supporters from throughout the Granite State and beyond a convenient method of assisting in our efforts to provide meaningful quality of life care to our veterans," explained Lisa-Marie Mulkern, Public Affairs and Development Di-



Pictured are NHVH Residents Warren Wilson, Norman Allaire, Sam MacKenzie, Larry Draper, John Donnelly, Mark Welch, Ken Main, Robert Wolanek, David Whitney, Wes Philbrick and Joe LeMay accompanied by NHVH staff members Chuck Lewis, Tom Heald, Barbara Evans, Tom Fowler, Joe Milewski and Pam Murphy.



The New Hampshire Veterans Home as photographed by Resident Phil Walton.

rector. "Donors frequently make contributions in honor of or in memory of a special loved one, and Salute provides a secure online process for those requests."

Project Salute provides an additional means of lending support to our mission to provide meaningful quality of life care for veterans of past, present and future generations. Supporters may still send donations via mail or deliver them in person. We rely on the charitable support of the NHVH Benefit Fund for a variety of quality of life programs including holiday celebrations, entertainers and trips.

Interested donors may support the NHVH Benefit Fund online at www.nh.gov/veterans. The Veterans Voice newsletters and press release archives are also available for viewing on the website. Thank you in advance for your support!

In Loving Memory

The New Hampshire Veterans Home extends its deepest condolences to the loved ones of the following Residents who recently passed away. We are grateful for their service to this country and for the time that they spent with the NHVH family. Their presence will be greatly missed.

Name	Joined NHVH	Departed
Leonard Pace	3/09/04	7/06/05
John Furdeck	1/11/05	7/23/05
Norman LaPanne	4/27/04	7/25/05
Edward Vigue	4/25/05	7/29/05
Louis Schafer	10/25/99	8/13/05
Harold Anderson	7/09/02	8/22/05
Pericles Anastos	12/03/03	9/23/05

You brought your spouse, parent, brother or sister into our lives when you brought them to the New Hampshire Veterans Home.

They have become a part of our extended family and as such we strive to treat them with the dignity and respect they deserve.

Whether the time they share with us is long or short, they become very important to us.

It is wonderful when we can share what they were like when they were younger with family and friends and to see memory boxes with photos and remembrances.

Please know that we have enjoyed caring for your loved one. You and your family have also become a part of our extended family.

Thank you for the precious gift of your loved one's presence and addition to our lives, they will be missed.

Written by Donna Hopkins, Assistant Nurse Manager of the Life Enhancement Dementia Unit on behalf of the Staff of the New Hampshire Veterans Home

Memorials and Tributes

New Hampshire Veterans Home Benefit Fund would like to acknowledge the following Memorial and Tribute donations that were received between July 1, 2005 through September 30, 2005.

In Memory of

John Sullivan	Gladys Piper	Charles Craven
Norman LaPanne	Robert Belmain	Darryl Boucher
David Grothey	Paul Legasse	William O'Connor
	Pericles Anastos	

In Honor of

Ted Richard	The Marriage of Andrea Sullivan Barrie and Thomas Langer
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Contributions to the NHVH Benefit Fund enrich the daily lives of our veterans through a variety of activities, entertainment, outings and equipment. Donations are tax-deductible to the extent allowed by law. If you would like to make a donation in memory or in honor of a family member or a friend, we will send a letter to that person or friend acknowledging your thoughtful contribution. We will also acknowledge your contribution in *The Veterans Voice*.

Donations may be made payable to "NHVH Benefit Fund" and mailed to New Hampshire Veterans Home, Development Office, 139 Winter Street, Tilton, New Hampshire 03276, or you may complete and return the enclosed envelope. **You may also donate online at our website www.nh.gov/veterans**

****The New Hampshire Veterans Home is currently seeking charitable support for the purchase of a new wheelchair van for the home's residents. Our number of Residents who require wheelchairs is steadily increasing. We are in need of another vehicle that will enable us to transport six or seven Residents who require wheelchairs. The approximate cost of a new vehicle is \$55,000. If you would like to make a donation towards the purchase of this vehicle, please reference "wheelchair van" or "vetmobile" in your correspondence.****

Faces and Places



Members of the Sons of the American Legion, Squadron #7, Rochester recently donated a brand new pool table for the Residents of the New Hampshire Veterans Home. Pictured from left are George Nye, Post #7 Adjutant; Mitchell Turner, Commander; John Froehling, Sergeant-at-Arms; NHVH Resident Armand Tremblay; Gary DesRosiers, Detachment Vice Commander; NHVH Resident Ken Main; Karl Corson, Vice Commander and Bob Hoitt, Detachment Vice Commander.



Help keep us going places and meeting new faces! Support our campaign to purchase a new wheelchair van! Please specify "Vetmobile" in your correspondence.



A display at the Wright Museum emphasizes the importance of music in uniting the home front during World War II. See Poem on page 6 for a soldier's perspective on music.



Commandant Barry Conway recently honored staff member Ed Colby for 40 years of dedicated service to the State of New Hampshire.

Inter-generational Programming Shows it Creative Side

Students from the Tilton School resumed their involvement in the New Hampshire Veterans Home's inter-generational program almost as quickly as they resumed classes for the 2005-2006 academic year. A group of Tilton School students spent a recent fall weekend painting a fantastic mural in the home's Tarr North Unit. The students were quick to realize the significant "before" and "after" potential of their painting project. Following a quick group photo, the students set to work on transforming the blank wall space into a wonderful lighthouse scene.



Residents enjoyed watching the students work, and both young and old took time to socialize throughout the creative process. A number of recent visitors have commented on how much warmth the mural adds to the previously blank wall space. They are also pleasantly surprised to learn that the lighthouse mural is a product of our inter-generational program.

Students from the Tilton School are actively involved in the inter-generational programming at the New Hampshire Veterans Home. Recently, a group of students transformed a blank wall in the Tarr North Unit into a work of art.

If you or your organization would like to become involved in intergenerational activities at the New Hampshire Veterans Home, contact Liz Stedman at (603) 527-4400 or via e-mail at Elizabeth.Stedman@nhvh.nh.gov. Liz would be happy to assist you in designing a mutually beneficial program for the young people in your organization and the NHVH Residents to share.



NHVH Resident David Whitney was one of several veterans who enjoyed watching the work in progress as well as the opportunity to socialize with the students.



The New Hampshire Veterans Home Lighthouse is located in the Tarr North Unit next to the nurses' station. Visitors are encouraged to view the latest addition to our art collection.

More Faces and Places



Governor John Lynch visited with Residents and Staff of the New Hampshire Veterans Home recently. NHVH Resident Phil Walton presented Governor Lynch with digital slide-show presentations that he created from photographs taken at recent veteran events such as the New Hampshire Supports the Troops Rally that was held at the State House in June.



NHVH Residents and staff pictured in the stands at Fenway Park in late August 2005. Pictured from front are Resident Ken Main, staff member Ken Fowler and Resident Mark Welch.



Recreation staff member Diane Harris accompanies Resident Warren Wilson during a tour of the Wright Museum, a trip that is sponsored annually by the VFW - Department of New Hampshire Auxiliary.



The New Hampshire Veterans Home hosted the Annual Alzheimer's Memory Walk and raised over \$2,000 to support the New Hampshire/Vermont Chapter. Pictured above from left are NHVH staff members Kimberly Michaud and Jo-Ann Griffin and Gail Tapply of the Alzheimer's Association.

Holidays and Celebrations



Resident Ken Main enjoys a refreshment break between innings during a recent trip to Fenway Park.



Department of New Hampshire Marine Corps League Commandant Frank Diekmann presents a Certificate of Appreciation to NHVH Resident Ted Richard for his support of the Toys for Tots program.



Alice Brown, Lisa Mutney and Lynn Hardy, members of the employee recognition committee, planned a wonderful late summer picnic for fellow staff members to enjoy!

New Hampshire Veterans Home
139 Winter Street
Tilton, NH 03276

Phone: 603-527-4400
Fax: 603-527-4402

Barry E. Conway, Commandant



WE'RE ON THE WEB!

WWW.NH.GOV/VETERANS

Reminder...

Please note that our mailing address, telephone number and fax number have changed. We do not have a PO Box any longer.

New Hampshire Veterans Home
139 Winter Street
Tilton, NH 03276
Phone: 603-527-4400
Fax: 603-527-4402

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About the Home

The New Hampshire Veterans Home was established in Tilton in 1890 as the Soldier's Home for Civil War Veterans. Today, the modern facility is home to men and women who have served their country and fellow New Hampshire citizens in World War II, Korea and Vietnam.

NHVVH is the only long-term care facility in the Granite State that is dedicated exclusively to veterans.

As a professional health care provider, NHVVH offers a full range of services including residential, medical/dental and nursing care as well as physical/occupational therapy, recreation, and dietetic and social services.

Chapel services, exercise groups, arts and crafts, shopping trips, live entertainment and various community outings support residents'

quality of life. NHVVH also offers inter-generational programs and animal-assisted recreational therapy. Dedicated staff members work in partnership with volunteers from surrounding communities and numerous service organizations to enrich our residents' lives.

NHVVH recently opened the 100-person Life Enhancement Dementia Unit that serves the needs of veterans who suffer from Alzheimer's and other related memory impairment disorders. The facility addition enables NHVVH to provide comprehensive long-term care services to a total of 250 Residents.

Additional information is available online at our website:
www.nh.gov/veterans